

Sports Handbook



Welcome Parents and Players of Beach Haven Primary School

This year, the school is focusing its efforts on creating a more positive 'Beach Haven School Sports Way' in order to improve the way the community perceive our school on the sports field. To do this, throughout the year we will be challenging typical assumptions about youth sport, providing development opportunities for our local school community and pushing positive and supportive messages to players and parents.

To help promote this more positive and enriching sporting environment we have put together this Sports Handbook for your reading. Please take time to read through this document ahead of the 2017 sporting season.

If you have any questions surrounding this document or wish to be involved in driving the future direction of the 'Beach Haven School Sports Way' please email Miss Dallow at anoushka@beachhaven.school.nz

Code of Conduct

Player's will:

- Commit to playing with my team for the season
- Always play by the rules
- Display self-control at all times at trainings and games
- Play fair at all times and display good sportsmanship
- Be respectful to my team mates, coaches, managers and supporters
- Be a good sport towards my team mates and the opposition
- Be humble in victory and in defeat
- Respect all participants regardless of their gender, ability, cultural background or religion
- Thank the opposition, umpires, referees at the end of the game
- Players will not:
 Verbally abuse my team mates, umpires and other players is not acceptable behaviour in any sport

Parent's will:

- Encourage my child to play within the rules and respect the officials' and coaches' decisions
- Teach my child to respect the efforts of their team mates and opponents
- Encourage my child and other children in their effort in sport whether the game is won or lost
- Exercise self-control as a spectator
- Always be positive and never ridicule or shout at players, coaches or umpires
- Watch my child play and let him/her enjoy the game without my interference
- Show appreciation to those people who volunteer their time so my child can play sport
- Remember that my child plays sport for his/her reasons not mine
- Be a positive role model for my child in my attitude towards sport
- Encourage my child to sample as many sports as possible
- I will remember that this is not the Olympics and will not put excessive pressure on my child

Please read and more importantly adhere to these rules when representing the school on the sports field or on the side line. If the school deems that a parent or player is behaving outside of these rules a discussion will occur highlighting such behaviour and possible exclusion from sporting events will occur.



Beach Haven Primary School

Building Tomorrow Today

Beach Haven Primary School would like to share with you the Good Sports Spine. This is a continuum highlighting Performance based vs Development based behaviours. As part of the **Beach Haven School Sports Way** we are encouraging all coaches, parents and players to focus on and operate within the Climate of Development (as seen below). In doing so, research shows that children's needs are far better met and therefore children enjoy sport a lot more and are proven to participate in sport much longer than if exposed to a climate of performance.

We encourage you to use this tool how you wish but suggest simply use it as a moral compass. If you find yourself acting in a certain way, refer back to this tool to check what climate you are promoting. If you find yourself promoting a Climate of Performance we urge you to adjust your behaviour to better suit the Climate of Development, Your child, their team mates and the school will thank you.

Mistakes immediately corrected Performance Trainir Only the Best Matte Encouraging gossip & rumou Pressure to select one spor Early Specialisation Strict Adult Contro Winning & Losin Attitudes & Behaviours Adults make all decisions Dismiss children's idea Mistakes to be avoided Punishment & rewar Year-round trainii Playing favourites Single sport focu Direct instruction Selective suppor Recognise ability Focus on result Repetitive dri **EMPOWERMENT** opropriate structur CONNECTION **NSPIRATION** Growth Mind-se SAMPLING a continuum. Good Sports aims to encourage adults to move towards the Climate of children's sport experiences. The two different 'climates' should be seen as opposite ends of NEEDS Development. The Good Sports Spine is a sense making tool to help understand how adults impact Process focus Coping skills Opportunit) Attitudes & Behaviours Effort & Improvement Focus on getting better rying out multiple sports ate Specialisation mart questioning earning Through Play Recognise children's ideas lime to correct own mistakes Kids Have Control Inconditional support ncluding everyone Everyone Matters Recognise effort and trying iscovery approach hildren involved in decisions ncourage friendship & care Aistakes necessary for growth Vaiting to select one sport odified games alance with school & friends